

Means of Grace Checkup

“The goal of all Christian practices is a tranformed heart — one that loves God fully and loves one’s neighbor as oneself.” *Scripture and the Wesleyan Way*



Means of Grace	Questions What questions do you have about this practice?	Scripture Which scriptures teach us about this practice?	Current Practice How are you currently participating in this Means of Grace?	Next Steps How can you continue to grow in this Means of Grace?
Prayer public and private		Matthew 7:7-8		
Bible Reading		John 5:39		

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Communion		1 Corinthians 11:23-26		
Fasting		Matthew 6:16-18		
Conferencing meeting with other Christians		Acts 2:42-46		